



2023 Last Chance Qualifier
Preparation Mini Meet **11th March**

PROGRAM

WISHING YOU A GREAT WEEKEND

Welcome to the TAS Swimming Long Course Last Chance Qualifier Preparation Mini Meet Saturday, 11th March. The day is about giving the best opportunity to our swimmers to achieve national times. TAS Swimming Club would like to thank all clubs for your support of our carnival. We wish all swimmers good luck in their pursuit of national times and thank all parent and community volunteers for supporting the development of Australian swimming through their efforts this weekend.



We would like to thank our major sponsor, Trinity Anglican School, for its financial support and moral encouragement.



TAS
TRINITY ANGLICAN SCHOOL
CAIRNS | QUEENSLAND





2023 TAS Swimming Cairns Long Course Last Chance Qualifier Preparation Mini-Meet Saturday 11th March

Gates open 7.30am for 8.30am START

M	F	Age Group	Distance & Stroke
01	02	11 & Over	400 Freestyle
03	04	11 & Over	200 Breaststroke
05	06	10 & Over	100 Backstroke
07	08	8 & Over	50 Butterfly
09	10	10 & Over	200 Individual Medley
11	12	10 & Over	100 Freestyle
13	14	8 & Over	50 Backstroke
15	16	11 & Over	200 Butterfly
17	18	10 & Over	100 Breaststroke
19	20	8 & Over	50 Freestyle
21	22	11 & Over	200 Backstroke
23	24	10 & Over	100 Butterfly
25	26	8 & Over	50 Breaststroke
27	28	11 & Over	200 Freestyle
29	30	11 & Over	400 Individual Medley

CONDITIONS OF ENTRY

1. The meet will be conducted under the rules of FINA and By-laws of Swimming Australia (SAL) and Swimming Queensland (SQ).
2. All competitors must be currently registered members of an affiliated SAL club or a visiting member of a club in a FINA registered nation.
3. All decisions taken will be at the discretion of the Chief Referee of the day.
4. In the event of a protest, a fee of \$100 is to be paid with a written protest not later than 30 minutes following the conclusion of the event (SAL CBL 12).
5. Ages will be calculated as at the first day of the meet.
6. Swimmers must be nominated through online nominations via Swim Central
7. Nomination fee of \$5.00 per event including all surcharges.
8. Nominations close midnight 8th March 2023.
9. Late nominations accepted 30 minutes prior to meet start time, \$15 per event late fee applies.
10. Meet programs will be available on the FNQRSA and TAS Swimming website.
11. In nominating for this meet, swimmers agree that they may be photographed and that the images may be used in publications, websites or social media sites.
12. It is a condition of entering this meet that your club understands timekeeping is required by all clubs and is allocated by the number of swimmers your club enters.





OUR OFFICIALS

We are especially grateful to the officials supporting and assisting swimming this weekend.

PHOTO POLICY

In nominating for the TAS Swimming Long Course Last Chance Qualifier Preparation Mini Meet, swimmers agree that they may be photographed and that the images may be used in publications, club websites and/or social media sites.

GATE ENTRY \$3

A \$3 Gate Entry free applies to all non swimmers.

MENU

FROM THE KIOSK *LIMITED MENU AS IT IS A SHORT MEET

SUSHI	\$4.50
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ADDITIONAL ITEMS WILL BE AVAILABLE

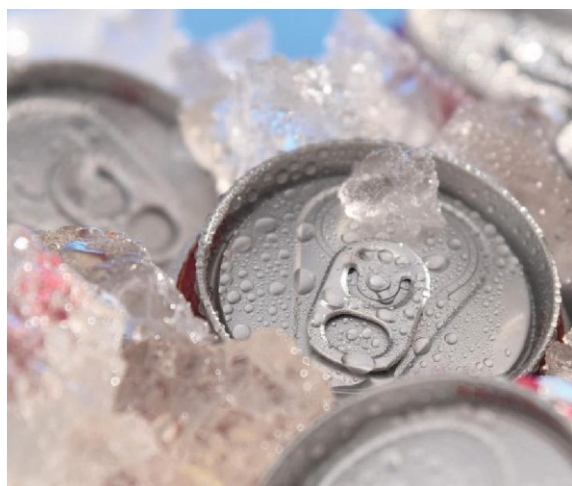
LOLLY BAGS	
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SOFTDRINK	\$2.00
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WATER	\$2.00
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MOBILE COFFEE VAN

COFFEE	VAN PRICES
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PARTICIPATING CLUBS

2023 TAS Swimming LC Last Chance Prep Meet - 11/03/2023

Team List - Team Size

	Team	Female	Male	Total Athletes	Entries	Relay	Total
1	TASSC Tas Swimming Incorporated	12	5	17	78	0	78
2	MARLI Marlin Coast SC Inc	4	7	11	39	0	39
3	TOBSC Tobruk Swim Club Inc	7	3	10	49	0	49
4	SRAYS Cairns Stingrays SC Inc	6	1	7	29	0	29
5	SAINT Saints SC Inc	2	3	5	8	0	8
6	ATHER Atherton SC Inc	1	1	2	7	0	7
7	TULLY Tully SC Inc	1	1	2	10	0	10
8	GARDE Gardens SC Inc	1	0	1	4	0	4
9	MAREE Mareeba SC Inc	0	1	1	4	0	4
		34	22	56	228	0	228

TIME KEEPING ALLOCATION

No Timekeeping roster but all clubs and parents are asked to help out each race.

It is anticipated the meet will conclude around 10.30am.

SELF-MARSHALLING

Self-marshalling will be used for this meet.

A Help Desk will be set up adjacent to the marshalling area for any queries throughout the meet.

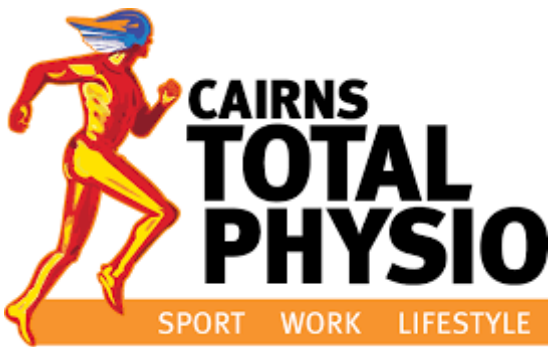
The marshalling board is at the bottom of the scoreboard.

COMBINED EVENTS

Events with less than 8 swimmers in both the male and female events have been combined and published in the program.

THANK YOU FROM TAS SWIMMING

During the season, our swimmers have received expert advice from professionals to better their performance in the pool. A huge thank you from the TAS Swimming community to



HEAT SHEET

Follow all the action on Meet Mobile. Results will be published throughout the day and sent to Swimming Queensland at the completion of the meet.

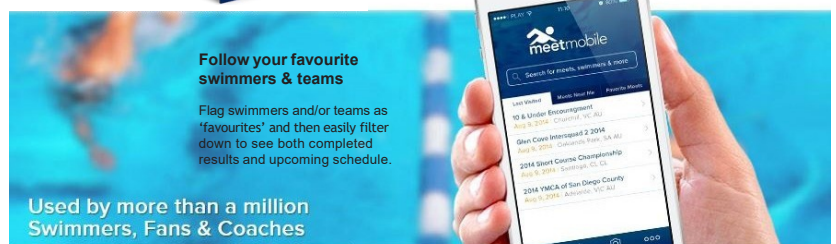
SEARCH EVENT NAME:
2023 TAS Swimming LC
Last Chance Prep Meet



Meet Mobile

**Swimmers, fans,
and coaches!**

**Keep track of meets from the
palm of your hand, no matter
where you are.**



**Follow your favourite
swimmers & teams**

Flag swimmers and/or teams as "favourites" and then easily filter down to see both completed results and upcoming schedule.

Used by more than a million
Swimmers, Fans & Coaches



2023 TAS Swimming LC Last Chance Prep Meet - 11/03/2023

Meet Program - TAS Last Chance Qualifier Meet

Event 1 Mixed 11 & Over 400 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time
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Heat 1 of 1 Finals

3	Njaramba, Lisa	W11	Tas Swimming	5:55.64
4	Robertson, Callum	M14	Saints	4:44.29
5	Loveridge, Oscar	M11	Marlin Coast	5:37.40
6	Parnaby, Annabel	W11	Tobruk	NT

Event 3 Mixed 11 & Over 200 LC Meter Breaststroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 1 Finals

2	Page, Sienna	W11	Stingrays	NT
3	Millar, Abbie	W12	Atherton	3:17.93
4	An, Albert Damin	M16	Tas Swimming	2:26.35
5	Rothwell, Aisling	W17	Tas Swimming	2:48.81
6	Elliott, Cara	W15	Tas Swimming	NT

Event 5 Mixed 10 & Over 100 LC Meter Backstroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 1 Finals

1	Dunn, Camryn	W12	Tas Swimming	1:43.76
2	Turnbull, Chelsea	W11	Tas Swimming	1:26.23
3	Graham, Hayley	W17	Marlin Coast	1:11.12
4	Robinson, Amber	W17	Tas Swimming	1:07.14
5	Gundorova, Maria	W16	Gardens	1:09.42
6	Howe, Natalia	W15	Tas Swimming	1:24.44
7	Gostlow, Isabella	W12	Tobruk	1:33.47
8	Zhou, Maxwell	M10	Tas Swimming	NT

Event 7 Boys 8 & Over 50 LC Meter Butterfly

Lane	Name	Age	Team	Seed Time
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Heat 1 of 2 Finals

2	Loveridge, Archie	9	Marlin Coast	48.56
3	Thouroude, Sebastien	16	Marlin Coast	29.64
4	Loveridge, Hugo	15	Marlin Coast	28.24
5	Oguchi, Takeru	16	Tas Swimming	28.63
6	Howe, James	13	Tas Swimming	40.43
7	Sichter, Cooper	13	Tully	49.61

Heat 2 of 2 Finals

2	Zhou, Maxwell	10	Tas Swimming	NT
3	Yan, Lucas	10	Tobruk	55.53
4	Murphy, Ty	9	Marlin Coast	51.73
5	Laitinen, Jack	9	Tobruk	54.70
6	Armstrong, Thomas	11	Tobruk	59.17

Event 8 Girls 8 & Over 50 LC Meter Butterfly

Lane	Name	Age	Team	Seed Time
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Heat 1 of 2 Finals

1	Turnbull, Chelsea	11	Tas Swimming	40.10
2	Whitby, Rylee	14	Stingrays	34.42
3	Walkear, Ruby	13	Tas Swimming	32.09
4	Deane, Jessica	15	Stingrays	28.20
5	McCallum, Sophie	15	Tully	29.97
6	Thouroude, Chantal	12	Marlin Coast	34.38
7	Howe, Natalia	15	Tas Swimming	34.91
8	Gostlow, Isabella	12	Tobruk	41.44

Heat 2 of 2 Finals

1	Munasinghe, Chenuli	8	Tobruk	1:03.71
2	Piccolo, Rianna	9	Stingrays	58.66
3	De la Fonteyne, Zara	11	Stingrays	44.19
4	Parnaby, Annabel	11	Tobruk	42.23
5	Page, Sienna	11	Stingrays	43.09
6	Miotto, Isabel	11	Stingrays	49.29
7	Napper, Jesse	8	Tas Swimming	59.12

Event 9 Boys 10 & Over 200 LC Meter IM

Lane	Name	Age	Team	Seed Time
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Heat 1 of 1 Finals

3	Zhou, Maxwell	10	Tas Swimming	NT
4	Elliott, Ryan	14	Tas Swimming	2:31.64
5	Pickard, Jaxon	10	Stingrays	NT

Event 10 Girls 10 & Over 200 LC Meter IM

Lane	Name	Age	Team	Seed Time
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Heat 1 of 1 Finals

2	Parnaby, Annabel	11	Tobruk	NT
3	Njaramba, Lisa	11	Tas Swimming	3:23.28
4	Millar, Abbie	12	Atherton	2:52.93
5	O'Neile, Chloe	12	Marlin Coast	3:06.97
6	Dunn, Camryn	12	Tas Swimming	3:35.42
7	Turnbull, Chelsea	11	Tas Swimming	NT

Event 11 Boys 10 & Over 100 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time
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Heat 1 of 2 Finals

1	Wilson, Ulrich	12	Atherton	1:16.06
2	Connors, Cooper	13	Saints	1:07.12
3	Thouroude, Nicolas	14	Marlin Coast	59.94
4	Loveridge, Hugo	15	Marlin Coast	57.43
5	Menzies, Bryce	16	Marlin Coast	58.32
6	Rowbotham, Matthew	13	Saints	1:02.44
7	Howe, James	13	Tas Swimming	1:14.76

Heat 2 of 2 Finals

3	Zhou, Maxwell	10	Tas Swimming	NT
4	Pickard, Jaxon	10	Stingrays	1:27.82
5	Armstrong, Thomas	11	Tobruk	1:30.33
6	Yan, Lucas	10	Tobruk	NT

Event 12 Girls 10 & Over 100 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time
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Heat 1 of 2 Finals

1	Percy, Jamie	13	Tas Swimming	1:08.18
2	McShane, Cadence	15	Saints	1:05.65
3	Rothwell, Aisling	17	Tas Swimming	1:00.64
4	Ganfield, Rayner	15	Tas Swimming	59.00
5	Deane, Jessica	15	Stingrays	59.58
6	Walkear, Ruby	13	Tas Swimming	1:05.46
7	Thouroude, Chantal	12	Marlin Coast	1:07.70
8	Howe, Natalia	15	Tas Swimming	1:10.00

2023 TAS Swimming LC Last Chance Prep Meet - 11/03/2023

Meet Program - TAS Last Chance Qualifier Meet

Heat 2 Finals (#12 Girls 10 & Over 100 LC Meter Freestyle)

2	Dunn, Camryn	12	Tas Swimming	1:23.94
3	Turnbull, Chelsea	11	Tas Swimming	1:20.87
4	O'Neile, Chloe	12	Marlin Coast	1:14.32
5	Parnaby, Annabel	11	Tobruk	1:18.22
6	Gostlow, Isabella	12	Tobruk	1:21.13
7	Albrecht, Izabella	10	Tobruk	1:55.49

Event 13 Boys 8 & Over 50 LC Meter Backstroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 2 Finals

2	Pickard, Jaxon	10	Stingrays	44.14
3	Loveridge, Archie	9	Marlin Coast	43.38
4	An, Albert Damin	16	Tas Swimming	29.97
5	Howe, James	13	Tas Swimming	41.51
6	Sweeper, Harley	11	Mareeba	43.43
7	Sichter, Cooper	13	Tully	46.31

Heat 2 of 2 Finals

2	Zhou, Maxwell	10	Tas Swimming	NT
3	Yan, Lucas	10	Tobruk	54.16
4	Murphy, Ty	9	Marlin Coast	49.09
5	Laitinen, Jack	9	Tobruk	50.11
6	Armstrong, Thomas	11	Tobruk	58.00

Event 14 Girls 8 & Over 50 LC Meter Backstroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 3 Finals

1	Whitby, Rylee	14	Stingrays	37.96
2	Walkear, Ruby	13	Tas Swimming	34.29
3	Ganfield, Rayner	15	Tas Swimming	32.85
4	Robinson, Amber	17	Tas Swimming	31.43
5	McCallum, Sophie	15	Tully	32.08
6	Graham, Hayley	17	Marlin Coast	33.97
7	Howe, Natalia	15	Tas Swimming	37.29
8	Turnbull, Chelsea	11	Tas Swimming	41.24

Heat 2 of 3 Finals

1	Miotto, Isabel	11	Stingrays	52.38
2	Dunn, Camryn	12	Tas Swimming	48.98
3	Parnaby, Annabel	11	Tobruk	44.61
4	De la Fonteyne, Zara	11	Stingrays	41.98
5	Gostlow, Isabella	12	Tobruk	42.79
6	Sokolowski, Lylla	13	Tobruk	44.86
7	Napper, Jesse	8	Tas Swimming	50.34
8	Piccolo, Rianna	9	Stingrays	54.97

Heat 3 of 3 Finals

3	Yet Foy, Hannah	8	Tas Swimming	1:00.73
4	Albrecht, Izabella	10	Tobruk	57.87
5	Munasinghe, Chenuli	8	Tobruk	59.32
6	Albrecht, Regan	8	Tobruk	NT

Event 15 Mixed 11 & Over 200 LC Meter Butterfly

Lane	Name	Age	Team	Seed Time
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Heat 1 of 1 Finals

4	Lulham, Arabella	W13	Marlin Coast	2:39.83
5	Loveridge, Oscar	M11	Marlin Coast	3:04.59

Event 17 Boys 10 & Over 100 LC Meter Breaststroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 1 Finals

2	Sweeper, Harley	11	Mareeba	2:15.47
3	Howe, James	13	Tas Swimming	1:44.72
4	Elliott, Ryan	14	Tas Swimming	1:12.98
5	Thouroude, Nicolas	14	Marlin Coast	1:17.65
6	Armstrong, Thomas	11	Tobruk	2:08.48
7	Zhou, Maxwell	10	Tas Swimming	NT

Event 18 Girls 10 & Over 100 LC Meter Breaststroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 1 Finals

3	Albrecht, Izabella	10	Tobruk	2:17.59
4	Percy, Jamie	13	Tas Swimming	1:25.91
5	Turnbull, Chelsea	11	Tas Swimming	1:58.66

Event 19 Boys 8 & Over 50 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time
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Heat 1 of 2 Finals

1	Pickard, Jaxon	10	Stingrays	36.76
2	Sweeper, Harley	11	Mareeba	34.59
3	Connors, Cooper	13	Saints	29.33
4	Loveridge, Hugo	15	Marlin Coast	26.29
5	Thouroude, Nicolas	14	Marlin Coast	27.30
6	Howe, James	13	Tas Swimming	31.94
7	Loveridge, Archie	9	Marlin Coast	35.47
8	Armstrong, Thomas	11	Tobruk	38.84

Heat 2 of 2 Finals

2	Zhou, Maxwell	10	Tas Swimming	NT
3	Yan, Lucas	10	Tobruk	40.68
4	Murphy, Ty	9	Marlin Coast	39.45
5	Sichter, Cooper	13	Tully	39.76
6	Laitinen, Jack	9	Tobruk	42.63

Event 20 Girls 8 & Over 50 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time
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Heat 1 of 4 Finals

1	Walkear, Ruby	13	Tas Swimming	29.66
2	Greatorex, Sophie	13	Saints	28.63
3	Rothwell, Aisling	17	Tas Swimming	27.81
4	Ganfield, Rayner	15	Tas Swimming	26.51
5	Deane, Jessica	15	Stingrays	26.86
6	McCallum, Sophie	15	Tully	28.23
7	Gundorova, Maria	16	Gardens	29.05
8	Whitby, Rylee	14	Stingrays	30.63

Heat 2 of 4 Finals

1	Turnbull, Chelsea	11	Tas Swimming	34.50
2	O'Neile, Chloe	12	Marlin Coast	33.97
3	Thouroude, Chantal	12	Marlin Coast	31.35
4	Percy, Jamie	13	Tas Swimming	31.19
5	Howe, Natalia	15	Tas Swimming	31.22
6	Millar, Abbie	12	Atherton	31.59
7	Njaramba, Lisa	11	Tas Swimming	34.45
8	Gostlow, Isabella	12	Tobruk	34.54

2023 TAS Swimming LC Last Chance Prep Meet - 11/03/2023

Meet Program - TAS Last Chance Qualifier Meet

Heat 3 Finals (#20 Girls 8 & Over 50 LC Meter Freestyle)

1	Munasinghe, Chenuli	8	Tobruk	44.20
2	Miotto, Isabel	11	Stingrays	42.52
3	Smith, India	11	Tobruk	38.15
4	Parnaby, Annabel	11	Tobruk	35.40
5	Sokolowski, Lylla	13	Tobruk	37.15
6	Piccolo, Rianna	9	Stingrays	41.39
7	Napper, Jesse	8	Tas Swimming	43.87

Heat 4 of 4 Finals

3	Albrecht, Regan	8	Tobruk	NT
4	Albrecht, Izabella	10	Tobruk	45.32
5	Yet Foy, Hannah	8	Tas Swimming	1:06.29

Event 22 Girls 11 & Over 200 LC Meter Backstroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 1 Finals

4	Robinson, Amber	17	Tas Swimming	2:24.58
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Event 23 Mixed 10 & Over 100 LC Meter Butterfly

Lane	Name	Age	Team	Seed Time
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Heat 1 of 1 Finals

1	Loveridge, Oscar	M11	Marlin Coast	1:21.46
2	Lulham, Arabella	W13	Marlin Coast	1:10.77
3	Oguchi, Takeru	M16	Tas Swimming	1:04.39
4	Menzies, Bryce	M16	Marlin Coast	1:02.79
5	Deane, Jessica	W15	Stingrays	1:04.33
6	McCallum, Sophie	W15	Tully	1:09.46
7	Thouroude, Sebastien	M16	Marlin Coast	1:11.11
8	Zhou, Maxwell	M10	Tas Swimming	NT

Event 25 Boys 8 & Over 50 LC Meter Breaststroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 2 Finals

1	Pickard, Jaxon	10	Stingrays	54.32
2	Murphy, Ty	9	Marlin Coast	52.15
3	Howe, James	13	Tas Swimming	46.08
4	Elliott, Ryan	14	Tas Swimming	33.14
5	Thouroude, Nicolas	14	Marlin Coast	34.50
6	Sichter, Cooper	13	Tully	46.39
7	Loveridge, Archie	9	Marlin Coast	52.88

Heat 2 of 2 Finals

3	Yan, Lucas	10	Tobruk	1:07.38
4	Armstrong, Thomas	11	Tobruk	58.62
5	Laitinen, Jack	9	Tobruk	1:01.93
6	Zhou, Maxwell	10	Tas Swimming	NT

Event 26 Girls 8 & Over 50 LC Meter Breaststroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 3 Finals

1	Turnbull, Chelsea	11	Tas Swimming	55.06
2	Parnaby, Annabel	11	Tobruk	50.51
3	Whitby, Rylee	14	Stingrays	43.30
4	Rothwell, Aisling	17	Tas Swimming	35.50
5	Percy, Jamie	13	Tas Swimming	38.06
6	Page, Sienna	11	Stingrays	47.63
7	De la Fonteyne, Zara	11	Stingrays	55.02
8	Sokolowski, Lylla	13	Tobruk	55.26

Heat 2 of 3 Finals

2	Albrecht, Izabella	10	Tobruk	59.75
3	Miotto, Isabel	11	Stingrays	57.05
4	Piccolo, Rianna	9	Stingrays	55.65
5	Gostlow, Isabella	12	Tobruk	55.95
6	Munasinghe, Chenuli	8	Tobruk	58.21

Heat 3 of 3 Finals

3	Yet Foy, Hannah	8	Tas Swimming	1:39.57
4	Napper, Jesse	8	Tas Swimming	1:00.87
5	Smith, India	11	Tobruk	1:03.65
6	Albrecht, Regan	8	Tobruk	NT

Event 27 Boys 11 & Over 200 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time
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Heat 1 of 1 Finals

3	Sichter, Cooper	13	Tully	3:28.72
4	Loveridge, Oscar	11	Marlin Coast	2:31.99
5	Sweeper, Harley	11	Mareeba	2:46.10

Event 28 Girls 11 & Over 200 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time
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Heat 1 of 1 Finals

1	Smith, India	11	Tobruk	NT
2	Njaramba, Lisa	11	Tas Swimming	2:45.69
3	Thouroude, Chantal	12	Marlin Coast	2:27.18
4	Ganfield, Rayner	15	Tas Swimming	2:12.40
5	Gundorova, Maria	16	Gardens	2:16.15
6	O'Neile, Chloe	12	Marlin Coast	2:43.04
7	Parnaby, Annabel	11	Tobruk	2:57.25

Event 29 Mixed 11 & Over 400 LC Meter IM

Lane	Name	Age	Team	Seed Time
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Heat 1 of 1 Finals

3	Greatorex, Sophie	W13	Saints	5:38.99
4	An, Albert Damin	M16	Tas Swimming	4:40.93
5	Loveridge, Hugo	M15	Marlin Coast	5:14.93
6	Millar, Abbie	W12	Atherton	NT