

FNQ RESULTS of all clubs**RECORDS FNQ LC Open 22-23****LC Meters-Female**

Open	50	Free	26.02	5-Apr-10	CNSTR	Kotuku Ngawati	2010 Australian Age Championships
	100	Free	56.27	5-Apr-10	CNSTR	Kotuku Ngawati	2010 Australian Age Championships
	200	Free	2:02.91			Julie Majer	
	400	Free	4:13.52			Julie Majer	
	800	Free	8:36.66			Julie Majer	
	1500	Free	16:38.54			Julie Robinson	
	50	Back	29.73	7-Apr-16	MARLI	Ryleigh Lammert	2016 Hancock Prospecting Australian Champs
	100	Back	1:02.47	28-Mar-16	MARLI	Ryleigh Lammert	2016 GHF Australian Age Championships
	200	Back	2:14.33	5-Apr-10	CNSTR	Kotuku Ngawati	2010 Australian Age Championships
	50	Breast	34.07	5-Mar-22	SRAYS	Emily Taylor	2022 McDonald's FNQ Long Course Championships
	100	Breast	1:12.22	5-Apr-10	CNSTR	Kotuku Ngawati	2010 Australian Age Championships
	200	Breast	2:37.74	14-Dec-13	MARLI	Hannah Witten	2013 McDonalds Queensland Championships
	50	Fly	28.20	18-Feb-23	SRAYS	Jesica Deane	2023 Cairns Stingrays LC Preparation Meet
	100	Fly	1:02.91	12-Dec-20	TASSC	Ella Goddard	2020 McDonald's Queensland Championships
	200	Fly	2:11.91			Julie Majer	
	200	IM	2:17.39	5-Apr-10	CNSTR	Kotuku Ngawati	2010 Australian Age Championships
	400	IM	4:46.92			Julie Majer	
	200	Free Relay	1:48.46	10-Dec-22	FNQ	FNQ Regional Relay Team 15&O R. Ganfield, A Galea, J Deane, L Snelling	
	400	Free Relay	4:14.60	20-Feb-09	CNSTR	TAS Swimming-Cairns	
	200	Medley Relay	2:01.71	11-Dec-21	SRAYS	Cairns Stingrays	E Salecich, E Taylor, J Deane, R Ganfield
	400	Medley Relay	4:46.05			FNQ Team	

FNQ RESULTS of all clubs**RECORDS FNQ LC Open 22-23****LC Meters-Male**

Open	50	Free	22.91	18-May-22	SRAYS	Jack Hendy	2022 Australian Swimming Championships
	100	Free	50.88	18-May-22	SRAYS	Jack Hendy	2022 Australian Swimming Championships
	200	Free	1:53.72	11-Apr-07	SAINT	Chris Wright	2007 Australian Age Championships
	400	Free	4:04.51	5-Apr-21	TASSC	Ike Martinez	2021 Australian Age LC Championships
	800	Free	8:25.75	5-Apr-21	TASSC	Ike Martinez	2021 Australian Age LC Championships
	1500	Free	16:23.72	12-Dec-20	SRAYS	Marcus West	2020 McDonald's Queensland Championships
	50	Back	26.24	11-Dec-21	SRAYS	Jack Hendy	2022 Australian Swimming Championships
	100	Back	58.10	5-Mar-21	SRAYS	Jack Hendy	2021 McDonald's FNQ LC Championships
	200	Back	2:07.36	12-Jan-03	MARLI	Daniel Billiau	
	50	Breast	29.53	1-May-00	CAIRN	Ben Eales	
	100	Breast	1:05.12	10-Jan-00	CAIRN	Ben Eales	
	200	Breast	2:21.71	10-Jan-00	CAIRN	Ben Eales	
	50	Fly	25.03	12-Mar-22	SRAYS	Jack Hendy	2022 TAS swimming last chance qualifier
	100	Fly	54.81	11-Apr-07	SAINT	Chris Wright	2007 Australian Age Championships
	200	Fly	1:59.73	11-Apr-07	SAINT	Chris Wright	2007 Australian Age Championships
	200	IM	2:09.12	12-Dec-15	SAINT	Hudson Anu	2015 McDonalds Queensland Championships
	400	IM	4:39.12	26-Oct-02	SAINT	Rion Marsh	
	200	Free Relay	1:34.83	12-Dec-20	SRAYS	Cairns Stingrays	J Hendy, C Lloyd, R Woodward, M West
	400	Free Relay	3:50.16	19-Feb-05	SAINT	Saints	
	200	Medley Relay	1:46.87	11-Dec-21	FNQ	FNQ Regional Relay Team	J Hendy, A An, I Martinez, M West
	400	Medley Relay	4:26.47	19-Nov-05	SAINT	Saints Swimming Club	J. Bell, A. Gallagher, C. Wright, A. Metcalf