



Cairns Stingrays Swimming Club

2023 Short Course Transition Meet

Saturday 24th June 2023

Gordonvale Aquatic Centre
Sheppards Street, Gordonvale

Gates Open: 8:30 am

**Racing: 30mins after completion
of Mini Carnival**

Gate Entry: \$3.00 Non Competitors

Referees: supplied by FNQRSA

Including Mini Rays Carnival - see Page 2

Approx. 10:00am START (arrive preferably 9:30am)

MALE	FEMALE	DIST.	AGE	STROKE
1	2	100m	8 - 10	IM
3	4	25m	8 & U	Back
5	6	50m	8 & O	Back
7	8	25m	8 & U	Free
9	10	50m	8 & O	Free
11	12	25m	8 & U	Breast
13	14	50m	8 & O	Breast
15	16	25m	8 & U	Fly
17	18	50m	8 & O	Fly
19	20	100m	8 & O	Free
21	22	400m	11 & O	IM

Break - 30 mins

23	24	200m	10 & O	IM
25	26	100m	9 & O	Back
27	28	200m	11 & O	Breast
29	30	100m	9 & O	Fly
31	32	200m	11 & O	Free
33	34	100m	9 & O	Breast
35	36	200m	11 & O	Back
37	38	100m	11 & O	IM
39	40	200m	11 & O	Fly
41	42	400m	11 & O	Free

Please Read these Conditions of Entry

1. Age will be as at: 24 June 2023
2. All competitors must be a registered member of an affiliated SAL club or a visiting member of a FINA registered nation.
3. Rules will be the FINA rules and competition will be under the direction of the Race Referee at all times. Any protests are to be in writing accompanied by a \$100 fee and lodged with the Race Referee within 30 minutes of the completion of the event.
4. 8yrs & Under can enter either 25m Rule Tolerances Swims or 8 & Over swims NOT BOTH
5. Results will be multi aged 8 years to 17 years & Over
6. Nominations Close on Monday 19th June 2023
7. In nominating for this meet, swimmers agree that they may be photographed and that the images may be used in publications, websites or social media sites.
8. All clubs will be notified of their time keeping duties in the final program. Time keeping positions will be allocated on the basis of the number of swimmers nominated from club entries.

All events will be by online nominations through Swim Central.

Programmes available to download from Cairns Stingrays Website and the FNQ Website.

NOMINATIONS:

(includes the \$1.50 FNQ Surcharge)

**8 Yrs & U 25 m \$3.50 per event
events:**

**All other individual \$6.00 per event
events:**

Mini Rays Carnival

A 'Come-and-Try' opportunity for junior swimmers, or in Learn-to-Swim classes, to take part in a carnival format with an emphasis on fun!

Open to anyone who is not affiliated with a swimming club. For swimmers aged ten and under.

Distances: 15m, 25m

All strokes - Freestyle, Backstroke, Breaststroke and Butterfly (choose which one/s your child wants to swim).

Kickboard races

Noodle races

Cost \$10 per child

Please arrive: 8:30am

**Saturday 24 June
Gordonvale Pool**

Mini Carnival duration approx. 30mins



**SUPPORTING
OUR LOCAL
COMMUNITY**

