



2023 Marlin Coast Swimming Club

Long Course Meet

Friday 6th & Saturday 7th October 2023



Session 1 – Friday 6 October

Gates open 5pm for 6pm start

| M | F | Age | Distance | Stroke |
|---|---|------|----------|-----------|
| 1 | 2 | 9&O | 100 | Freestyle |
| 3 | 4 | 11&O | 400 | IM |
| 5 | 6 | 11&O | 200 | Butterfly |
| 7 | 8 | 12&O | 1500 | Freestyle |

Session 2 – Saturday AM

Gates open 8am for 9am start

| M | F | Age | Distance | Stroke |
|----|----|-------|----------|--------------|
| 9 | 10 | Open | 50 | Freestyle |
| 11 | 12 | 8&U | 25 | Freestyle |
| 13 | 14 | Open | 50 | Breaststroke |
| 15 | 16 | 8&U | 25 | Breaststroke |
| 17 | 18 | Open | 50 | Backstroke |
| 19 | 20 | 8 & U | 25 | Backstroke |
| 21 | 22 | Open | 50 | Butterfly |
| 23 | 24 | 8&U | 25 | Butterfly |
| 25 | 26 | 12&O | 800 | Freestyle |

Session 3 – Saturday PM

30 mins after finish of Session 2

| M | F | Age | Distance | Stroke |
|----|----|------|----------|--------------|
| 27 | 28 | 11&O | 200 | Backstroke |
| 29 | 30 | 9&O | 100 | Butterfly |
| 31 | 32 | 11&O | 400 | Freestyle |
| 33 | 34 | 11&O | 200 | IM |
| 35 | 36 | 9&O | 100 | Breaststroke |
| 37 | 38 | 11&O | 200 | Freestyle |
| 39 | 40 | 9&O | 100 | Backstroke |
| 41 | 42 | 11&O | 200 | Breaststroke |

Spectator entry fee: \$3

Programs available to download from the FNQ Swimming website.

CONDITIONS OF ENTRY:

1. The meet will be conducted under the rules of FINA and By-laws of Swimming Australia (SAL) and Swimming Queensland (SQ).
2. All competitors must be currently registered members of an affiliated SAL club or a visiting member of a club in a FINA registered nation.
3. All decisions taken will be at the discretion of the Chief Referee of the day.
4. Ages will be calculated as at the first day of the meet.
5. Swimmers must nominate through Swim Central.
6. Nomination fee of \$6.00 per event excluding all surcharges.
7. Nominations close 11.59pm, Monday 2 October 2023.
8. Late nominations accepted 30 minutes prior to meet start time, \$15 per event late fee applies.
9. Meet programs will be available on the FNQ Swimming website; NO programs will be available at the gate.
10. In nominating for this meet, swimmers agree that they may be photographed and that the images may be used in publications, websites or social media sites.
11. It is a condition of entering this meet that your club understands timekeeping is required by all clubs and is allocated by the number of swimmers your club enters.

NOMINATIONS:

(includes the \$1.50 FNQ surcharge)

8 yrs & under 25 m events: \$3.50 per event
All other individual events: \$6.00 per event

**Nominations close: 11.59pm Monday
2nd October**

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