

# 2024 State Preparation Meet

**Friday 2<sup>nd</sup> (Sprint Night), Saturday 2<sup>3rd</sup> & Sunday 2<sup>4th</sup> November 2024**  
**T o b r u k M e m o r i a l P o o l , S h e r i**

**Gate Entry Fee:** \$3.00 Saturday & Sunday for all spectators and non-swimmers (Friday Free)  
 Free entry for coaches, competitors & officials.

**Nomination Fee:** \$6.50 per event includes FNQRSA \$1.50 surcharge  
NT will be accepted for Events 1 to 8, to encourage new swimmers. Entry times must be submitted for all other events for this State Preparation Meet.

**Age:** As of 21<sup>st</sup> November 2024

**Nominations Close:** **Monday 18<sup>th</sup> November, 2024 , 11M.**  
 Swimmers must be nominated through online nominations only.

**Prizes:** Fastest Sprint combined time - 50Fly, 50Bk, 50Br, 50Fr  
 M/F 12yrs & U – 1<sup>st</sup> \$25 | 2<sup>nd</sup> \$10 | 3<sup>rd</sup> \$5  
 M/F 13yrs & O – 1<sup>st</sup> \$50 | 2<sup>nd</sup> \$20 | 3<sup>rd</sup> \$10  
 1st Time Qualification (100m-1500m events)  
**QLD State \$10 | National Age / Open \$20**

**First Session Friday 2<sup>nd</sup> Nov.**

Warm up 4 : 3 0 pm Start 6pm (No gate entry)

M	F	AGE	DISTANCE	STROKE
1	2	8 & O	50	Freestyle
3	4	8 & O	50	Butterfly
5	6	8 & O	50	Backstroke
7	8	8 & O	50	Breaststroke

**Third Session Sunday 2<sup>4th</sup> Nov.**

Warm up 7 am Start 8 : 3 0 am

M	F	AGE	DISTANCE	STROKE
23	24	11 & O	400	IM
25	26	10 & O	100	Freestyle
27	28	11 & O	200	Butterfly
29	30	12 & O	1500*	Freestyle
31	32	10 & O	100	Breaststroke
33	34	11 & O	200	Freestyle

**Second Session Saturday 2<sup>3rd</sup> Nov.**

Warm up 7 am Start 8 : 3 0 am

M	F	AGE	DISTANCE	STROKE
9	10	11 & O	200	IM
11	12	10 & O	100	Backstroke
13	14	11 & O	200	Breaststroke
15	16	11 & O	800*	Freestyle
17	18	10 & O	100	Butterfly
19	20	11 & O	200	Backstroke
21	22	11 & O	400	Freestyle

\* Denotes events where qualification times apply.

**Nominations Close:**

**Monday 18<sup>th</sup> November 2024 –11PM**

