

CENTRAL CAIRNS SWIMMING CLUB



Elements Air, Dig'n'Dump & Zarraffa's

Transition Long Course Meet

Saturday 17th August 2024

TAS Aquatic Centre



Central Cairns Swimming Transition Meet: 10.30am warm up for 12.00pm start

Conditions and Entry Information

1. The meet will be conducted under the rules of FINA and By-laws of Swimming Australia (SAL) and Swimming Qld (SQ).
2. All decisions taken will be at the discretion of the Chief Referee of the day.
3. All competitors must be Swimming Qld registered competitive swimmers.
4. All Swimming Qld Rules, SAL and FINA Swimming Rules will apply at this meet.
5. Age shall be as on 17th August 2024.
6. Relays will be organised on the day and FREE.
7. Meet programs will be available on the FNQ website. NO programs will be available at the gate.
8. In nominating for this meet, swimmers agree that they may be photographed and that the images may be used in publications, websites or social media sites.
9. Spectator entry: \$3 per adult

M	F	Age	Distance	Stroke
1	2	12 & Over	200	Free
3	4	OPEN	50	Fly
5	6	10 & under	25	Fly
7	8	10 & over	100	Breaststroke
9	10	12 & over	200	Fly
11	12	OPEN	50	Back
13	14	10 & under	25	Back
15	16	10 & over	100	Fly
17	18	12 & over	200	Breaststroke
Break – 30 mins				
19 MIXED		8 & Over	4 x 50	Medley Relay
20	21	OPEN	50	Breaststroke
22	23	10 & Under	25	Breaststroke
24	25	8 & Over	100	Free
26	27	12 & Over	200	Back
28	29	OPEN	50	Free
30	31	10 & Under	25	Free
32	33	10 & Over	100	Back
34	35	12 & Over	200	Individual Medley

Nominations Close Monday 12th August 2024

VIA SWIM CENTRAL

Nomination Fee \$6.00 per event / Relays Free

10 Years & Under 25m events - \$2 per event

Email: centralcairnsswimming@gmail.com

Contact: Sarina Andronicus 0425 273 248

