

CENTRAL CAIRNS SWIMMING CLUB

Elements Air, Dig'n'Dump & Zarraffa's



2025 Sprints Meet

Friday 24th January 2025

Woree Sports & Aquatic Centre

1 Pool Close, Woree

Gates open at 5pm for 6pm start



5:00pm Warm Up for 6:00pm Start

M	F	Age	Distance	Stroke
1	2	8 -11 yrs	50	Freestyle
3	4	12 & Over	50	Freestyle
5	6	8 -11 yrs	50	Backstroke
7	8	12 & Over	50	Backstroke
9	10	8 -11 yrs	50	Breaststroke
11	12	12 & Over	50	Breaststroke
13	14	8 -11 yrs	50	Butterfly
15	16	12 & Over	50	Butterfly

Conditions and Entry Information

1. The meet will be conducted under the rules of FINA and By-laws of Swimming Australia (SAL) and Swimming Qld (SQ).
2. All decisions taken will be at the discretion of the Chief Referee of the day.
3. All competitors must be Swimming Qld registered competitive swimmers.
4. All Swimming Qld Rules, SAL and FINA Swimming Rules will apply at this meet.
5. Age shall be as on 24th January 2025.
6. Meet programs will be available on the FNQ website. NO programs will be available at the gate.
7. In nominating for this meet, swimmers agree that they may be photographed and that the images may be used in publications, websites or social media sites.
8. Sausage Sizzle available to purchase
9. Spectator entry: \$3 per adult

Nominations Close Monday 20th January 2025

Via Swim Central

Nomination Fees \$4.00

Email: centralcairnsswimming@gmail.com



Cairns
Stingrays
Swimming Club