

FNQ SHORT COURSE CHAMPIONSHIPS
26th & 27th July 2025
TOBRUK MEMORIAL POOL



NOMINATION DETAILS

MINIMUM AGE IS 8 YEARS

Nominations close on Tuesday 15th July 2025 @ 11:59pm

Late nominations will be accepted – refer to conditions of entry

**Queries: info@fnqswimming.com.au
and/or race-sec@fnqswimming.com.au**

SESSION 1					
SATURDAY 26 th July 2025					
Gates Open 7:30am for 9:00am Start					
M	F	Age	Distance	Stroke	
1	2	10&O	200	IM	
3	4	12&O	800	Freestyle (QT)	
5	6	11 Year	50	Backstroke	
7	8	12&O	50	Backstroke	
9	10	11&O	200	Breaststroke	
11	12	10&O	100	Butterfly	
Presentation of FNQ Individual Performance Awards 2024/25					
Session 2					
SATURDAY 26 th July 2025					
AFTER BREAK					
M	F	Age	Distance	Stroke	
13	14	10-11	100	Backstroke	
15	16	12&O	100	Backstroke	
17	18	8-10	50	Freestyle	
19	20	12&O	400	Freestyle	
21	22	8-10	50	Breaststroke	
23	24	11&O	50	Breaststroke	
25	MIX	OPEN	4 x 50	Freestyle Relay	
26	MIX	10&U	4 x 25	Freestyle Relay	
27	28	13&U	4 x 50	Freestyle Relay	
29	30	OPEN	4 x 50	Freestyle Relay	
Qualifying Times for Distance Events					
Male QT's	12	13	14	15	16&O
1500	N/a	20:20	20:00	19:40	19:00
800	11:40	11:20	11:00	10:40	10:20
Female QT's	12	13	14	15	16&O
1500	N/a	21:20	21:00	20:40	20:00
800	12:40	12:20	12:00	11:40	11:20

FNQRSA AGM 7:30 AM ALL WELCOME				
SESSION 3				
SUNDAY 27 th July 2025 Gates Open 7:30am for 9:00am Start				
M	F	Age	Distance	Stroke
31	32	11&O	200	Freestyle
33	34	12&O	400	IM
35	36	11&O	50	Freestyle
37	38	11&O	200	Butterfly
39	40	10&O	100	Breaststroke
Break for Warm Up				
Session 4				
SUNDAY 27 th July 2025 Warm Up available – racing will start 30 min after completion of Session 3				
M	F	Age	Distance	Stroke
41	42	10&O	100	Freestyle
43	44	8-10	50	Butterfly
45	46	11 Year	200	Backstroke
47	48	12&O	200	Backstroke
49	50	8-10	50	Backstroke
51	52	11&O	50	Butterfly
53	54	8-10	100	IM
55	56	11&O	100	IM
57	58	13&O	1500	Freestyle (QT)
59	MIX	OPEN	4 x 50	Medley Relay
60	MIX	10&U	4 X 25	Medley Relay
61	62	13&U	4 x 50	Medley Relay
63	64	OPEN	4 x 50	Medley Relay
65	MIX	OPEN	12 x 25	Freestyle Relay **See Rules
PRESENTATION OF COMPLETE SWIMMER MEDALS AND SHORT COURSE AWARDS AND TROPHIES				

AGE CHAMPION AND DISTANCE CHAMPION

Important to note that you do not have to swim all the events to be eligible for the age champion. The age champion is awarded to the swimmer who has accrued the most points in the events.

POINTS are awarded:

First 10, Second 7, Third 5, Fourth 3, Fifth 2 and Sixth 1

JUNIOR AGE CHAMPION EVENTS Awarded to 8, 9 and 10 ages <i>You do not have to swim all events to be eligible to be considered for this award.</i>	Points will be accrued across the 5 age champion events for 8-10 years. Event Numbers:	
	17/18 50 Freestyle 21/22 50 Breaststroke 43/44 50 Butterfly	49/50 50 Backstroke 53/54 100 IM
SENIOR AGE CHAMPION EVENTS Award to 11, 12, 13, 14, 15, 16 and 17&O ages <i>You do not have to swim all events to be eligible to be considered for this award.</i>	Points will be accrued across the 5 age champion events as detailed.	
	1/2 200 IM 11/12 100 Butterfly 13/14 100 Backstroke	39/40 100 Breaststroke 41/42 100 Freestyle
MULTI-CLASS CHAMPION EVENTS <i>You do not have to swim all events to be eligible to be considered for this award.</i>	Point will be accrued across the 4 x 50m events	
	17/18 50 Freestyle 21/22 50 Breaststroke 43/44 50 Butterfly 49/50 50 Backstroke	5-8 50 Backstroke 23/24 50 Breaststroke 35/36 50 Freestyle 51/52 50 Butterfly
DISTANCE CHAMPION EVENTS (14&U & 15&O)	Swimmers must swim a minimum of three events to qualify for this award.	
	3/4 800 Freestyle 9/10 200 Breaststroke 19/20 400 Freestyle 31/32 200 Freestyle	33/34 400 IM 37/38 200 Butterfly 45-48 200 Backstroke 57/58 1500 Freestyle

PHOTO POLICY

In nominating for this meet, swimmers agree that they may be photographed and that the images may be used in publications, FNQ Website or social media sites.

TIME TRIAL WILL BE AVAILABLE

As the closing date for Queensland Short Course Championships is 11.59pm on 29 July 2025, a swimmer will be allowed to swim a time trial for 50m, 100m and 200m events ONLY. The time trials will be held after Session 4 and before presentations. To be eligible to swim in a time trial the swimmers must be within 0.5, 1.0 and 2.0 seconds respectively of the Qld Short Course State qualifying time. The request must be from a coach and be delivered to the Officials tent no later than the start of event 57.

NOMINATION DETAILS

MINIMUM AGE IS 8 YEARS

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Late nominations will be accepted – refer to conditions of entry

Queries: info@fnqswimming.com.au
and/or race-sec@fnqswimming.com.au

CONDITIONS OF ENTRY

1. The meet will be conducted under rules of World Aquatics and By-laws of Swimming Australia (SAL) and Swimming Queensland (SQ).
2. All competitors must be currently registered members of an affiliated SAL club.
3. SWD must present themselves to the referee of the day before commencement of swimming of the first session they attend.
4. **Minimum age for the meet is 8 years.**
5. Age shall be as of 26th July 2025.
6. All swimmers must have a time to enter; **NT WILL NOT BE ACCEPTED.** Long Course converted times will be acceptable. Times need to have been achieved after 1 January 2022. Older times will not be acceptable.
7. FNQRSA reserves the right, on the day, to combine heats and events. Times on the flyer are an indication only; a draft timeline will be published at the time of preparing the program.
8. **Nomination Fee:** Individual events AGE 8-10 \$5.00 (50m events ONLY), all other Individual events \$7.50. Relays \$10. This fee does not include any surcharges. All individual nominations will be done through the Swim Central.
9. **Relay Nominations:** Will be accepted as either through swim central or manual entries. The Swim Central nominations will close the same time as Individual events. **The manual relay nominations MUST be emailed to Alice Foote race-sec@fnqswimming.com.au BEFORE Wednesday 16th July 2025 11.59pm.**
10. **LATE NOMINATIONS** - will be accepted up to 30 minutes before the commencement of the FIRST SESSION of the Championships.
NO LATE NOMINATIONS WILL BE ACCEPTED AFTER THIS TIME.
NO RESEEDING of events will occur because of late nominations. The late nomination swimmer will be entered into the last heat of the event.
Late nominations will incur a fee of \$20.00 per event and must be emailed or delivered to Alice Foote race-sec@fnqswimming.com.au.
11. Entrance fee for any spectators will be \$3.00 per day.
12. **RELAY TEAMS** - limit of two teams per club per event. Mixed relays will consist of 2 boys and 2 girls.
13. **** RELAY - EVENT 59** - this relay WILL NOT be awarded any points and will be run so we can get everyone involved and competing in a relay situation. We will even combine clubs. This relay will be nominated on the day and coaches will be responsible for this relay. 12x25m Freestyle mixed - 6 boys, 6 girls of which 4 swimmers 12&U, 4 swimmers 15&O and 4 swimmers Open (to all ages).
14. Programmes will be available on the FNQ website along with a DRAFT timeline.
15. In the event of a protest, \$100 fee to be deposited with a written protest not later than 30 minutes following the conclusion of the event (SAL CBL 12).
16. **This is an FNQ Swimming run event, accordingly all clubs will be allocated tasks for the weekend.**
17. It is a condition of entering this event that your club understands that timekeeping is required by all clubs and is allocated by the number of swimmers your club enters.

AWARDS

1. Individual events will be multi aged events for awards except 11&O 50m events. The 11&O 50m events, the awards will be presented to the first three placegetters only. The events for the distance champions will be awarded to the first three placegetters in the age range 14&U and 15&O age groups.
2. Swimmers aged 8, 9 and 10 years will be awarded 1st, 2nd, 3rd place medals.
3. Complete Swimmer medal will be awarded to 8, 9 and 10 years upon **completion** of all four 50m events (event numbers: Boys 17, 21, 43 and 49; Girls 18, 22, 44 and 50). You **must swim** the event to be eligible for the Complete Swimmer Medal.
4. Multi-class (SWD) swimmers will be awarded medals in all 50m events. There is no separate multi-class event, these swimmers will enter the relevant events to promote and encourage inclusivity and competitiveness.
5. Awards will be presented for all first three place getters in all relay events except event 65.
6. Awards for age champion winners, runners up and third place getters in the following age groups: 8yrs, 9yrs, 10yrs, 11yrs, 12yrs, 13yrs, 14yrs, 15yrs, 16yrs, 17&Over & Multi-class.
7. Points for the club and individual awards will be given to the first 6 place getters as follows:
First 10, Second 7, Third 5, Fourth 3, Fifth 2 and Sixth 1.
8. Distance events will be multi aged for award medals (14&U and 15&O) for all 200m form stroke events, 400IM and the 200, 400, 800 and 1500 freestyle events.
9. Championship Points: 50m events, as well as age, form and freestyle aggregate events contribute to overall club championship points.
10. Visitors do not score points but will receive a medal for placing.
11. Age Champions will be determined by points accrued In the following (you do not have to do all events to be eligible for the award):
 - i. 8, 9 and 10 years - 50m of each stroke and 100IM
 - ii. 11, 12, 13, 14, 15, 16 and 17&O - 100m of each stroke and 200IM
 - iii. Multi-class - 50m of each stroke