



# 2026 TAS Swimming Cairns Last Chance Qualifier Saturday 14<sup>th</sup> March

Gates open 11.30am for 1.00pm START

| M  | F  | Age Group | Distance & Stroke     |
|----|----|-----------|-----------------------|
| 01 | 02 | 13 & Over | 400 Freestyle         |
| 03 | 04 | 13 & Over | 200 Breaststroke      |
| 05 | 06 | 13 & Over | 100 Backstroke        |
| 07 | 08 | 13 & Over | 50 Butterfly          |
| 09 | 10 | 13 & Over | 200 Individual Medley |
| 11 | 12 | 13 & Over | 100 Freestyle         |
| 13 | 14 | 13 & Over | 50 Backstroke         |
| 15 | 16 | 13 & Over | 200 Butterfly         |
| 17 | 18 | 13 & Over | 100 Breaststroke      |
| 19 | 20 | 13 & Over | 50 Freestyle          |
| 21 | 22 | 13 & Over | 200 Backstroke        |
| 23 | 24 | 13 & Over | 100 Butterfly         |
| 25 | 26 | 13 & Over | 50 Breaststroke       |
| 27 | 28 | 13 & Over | 200 Freestyle         |
| 29 | 30 | 13 & Over | 400 Individual Medley |

## KEY DETAILS

1. This meet has been designed for those aiming to compete at Age Nationals to have another quality racing opportunity prior to nominating.
2. NT will NOT be accepted
3. This meet is open to Swimming Queensland registered competitive swimmers, other swimmers may enter if they meet state, territory or country clearance criteria.
4. In nominating for this meet, swimmers agree that they may be photographed/videoed, and these images may be used by TAS Swimming at its discretion.
5. **Age will be calculated as at the first day of Age Nationals.**
6. Entries are to be completed online via Swim Central using the link available on our website. Entries close Midnight of the Monday prior to the meet.
7. Entry Fees: Entry \$7.50 per event including all surcharges.
8. An entry list will be published and emailed to all clubs on Tuesday prior to the meet, any discrepancies must be submitted to TAS Swimming Race Secretary by Wednesday prior to the meet.
9. Late entries will be accepted up until 30 minutes prior to the meet start time and incur a fee of \$15 per event.
10. Spectator Entry \$3/adult.
11. An online program will be published on FNQ Swimming website on the Thursday prior to the meet. No printed programs will be available. The timeline published for this meet is to be used as a guide only, start times of events may vary depending on circumstances on the day of competition.
12. A timekeeper roster will be confirmed and published as part of the program. Timekeeping is allocated by the number of swimmers entered from each club.
13. Events are conducted as timed finals and swum on a "seeded-entry" basis. Heats are seeded fastest to slowest. Starts will be 'over the top', competitors will remain in their respective lanes until the next heat is started.
14. Heats may be amalgamated or re-seeded at the discretion of the Technical Manager and Referee.
15. Results will be viewable on Meet Mobile. Results will be multi-aged as per Swimming Queensland Competition Guidelines. No medals will be presented at this meet.
16. Swimming Australia Rules will apply at this meet. Protests must be submitted in writing to the Referee by a responsible team leader, together with a deposit of \$100 within 30 minutes of the conclusion of the respective event.



Cairns Eye &  
Laser Centre

**NOMINATIONS CLOSE  
MONDAY 9<sup>th</sup> MARCH**

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