

Cairns
Stingrays
Swimming Club



AUTO-ELECT *2026* *SHORT COURSE* *TRANSITION* *MEET*

Saturday
11th July 2026

Woree Sports
& Aquatic Centre,
Pool Close, Woree

Saturday

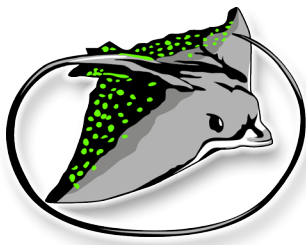
7:30am for a 9:00am START

M	F	Distance	Age	Stroke
1	2	100	8&O	IM
3	4	25	8&U *	Backstroke
5	6	50	8&O *	Backstroke
7	8	25	8&U *	Freestyle
9	10	50	8&O *	Freestyle
11	12	25	8&U *	Breaststroke
13	14	50	8&O *	Breaststroke
15	16	25	8&U *	Butterfly
17	18	50	8&O *	Butterfly
19	20	100	8&O	Freestyle
21	22	200	10&O	IM
23	24	100	9&O	Butterfly
25	26	200	11&O	Breaststroke
27	28	100	9&O	Backstroke
29	30	200	11&O	Freestyle
31	32	200	11&O	Backstroke
33	34	100	9&O	Breaststroke
35	36	200	11&O	Butterfly

* 8 year olds cannot swim both 25 and 50 of the same stroke

Please refer to the second page for Conditions of Entry:





Cairns Stingrays Swimming Club

AUTO-ELECT
CAIRNS NORTH QUEENSLAND

Please Read the Conditions of Entry

1. Age will be as at: 11th July 2026
2. All competitors must be a registered member of an affiliated SAL club or a visiting member of a FINA registered nation.
3. Rules will be the by-laws of Swimming Australia (SAL) & Swimming Queensland (SQ) and competition will be under the direction of the Race Referee at all times. Any protests are to be in writing accompanied by a \$100 fee and lodged with the Race Referee within 30 minutes of the completion of the event.
4. Swimming Australia Rules will apply to this meet.
5. 8yrs & Under can enter 25m Rule Tolerances Swims or 8 & Over swims, **NOT BOTH.**
6. Results will be multi aged 8 years to 17 years & Over.
7. **Nominations Close on Friday 3rd July 2026 @ 1159pm**
8. In nominating for this Meet, swimmers agree that they may be photographed and that their image may be used in publications, websites or social media sites.
9. All clubs will be notified of their time keeping duties in the final program. Time keeping positions will be allocated on the basis of the number of swimmers nominated from club entries.

All individual events will be by online nominations through swim central.

Programmes are available to download from Cairns Stingrays website and the FNQ website.

NOMINATIONS: (excluding online surcharge)

8 Yrs & U 25 m events: \$3.50 per event

All other individual events: \$7.50 per event